



# BALLYCLARE PRIMARY SCHOOL

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**ISSUE: 9**

**THURSDAY 25th OCTOBER, 2018.**

**TERM 1**



<https://www.easyfundraising.org.uk/causes/ballyclareprimary/>

**TOTAL RAISED SO FAR IS: £1213.02**



## HAPPY HALF TERM

School will close tomorrow at 1:55pm for all pupils and will remain closed for one week for Half Term holidays. School reopens again on Tuesday 6th November at 8:55am for all pupils. Enjoy your children over the mid-term break. All pupils P4-7 had a firework safety talk from PSNI this week. Please reinforce these safety messages at home.

Check out our school website for information sent to school, by the Fire Service, about safety over the Half Term with fireworks, fancy dress etc. All children in school have been reminded about how dangerous a time of year this can be. Please take great care everyone.

## AFTER SCHOOL ACTIVITIES

Please note - our After School Activities will recommence on **TUESDAY 6<sup>th</sup> NOVEMBER 2018.**

**REMINDER:** Clocks go back an hour at 2:00am on Sunday 28<sup>th</sup> October.



## P1 ENTRY 2019/20

Please ensure a pre-enrolment form for anyone you know who should be starting school next September 2019 is completed and returned to our school office. Places are filling up. Thank you!

## WINTRY WEATHER

We have had some very mild Autumn weather but as the winter weather sets in, there is always much discussion about how cold it is going to be and how much snow we are going to get!

Please be assured that should our school ever need to close for exceptional circumstances, you will be notified via our Parent Text Messaging Service and our school website. If you live in a poor phone service area - check with a friend before venturing out.

Should you live a good distance from school or in the countryside, please make decisions for your own safety due to the conditions for travel. We will understand this. Unless you hear otherwise, school will function normally.

## REMEMBRANCE DAY 2018

As in previous years, our school will be offering all pupils the chance to purchase a 'poppy' for a donation to the British Legion. Poppies will go on sale the week after Half Term holiday. Your support in this worthy cause is valued.



On Sunday 19th November our school lays a wreath at the War Memorial in the town. All pupils and parents who wish to attend this short ceremony would be most welcome. We also have a special P4-7 Remembrance Assembly in school to commemorate this special occasion with our pupils. This will take place on Thursday 8th November.

## NUMERACY DAY!

A huge success for all. Hope you got some photos of all the great events. Watch out for Num.TV. Keep practising mental maths with your children at home (P3-7) - it is great brain training.

## HEALTHY LUNCHBOX TIPS

DENI has issued some guidance for parents for Healthy Lunchboxes. The following may be helpful as we all run out of ideas sometimes:



### TEN TOP HEALTHY LUNCHBOX TIPS.

1. Base the main part of the lunch on starchy foods like bread, cereal, rice, pasta or potatoes.
2. Get creative with some alternatives to sandwiches e.g. wholemeal pitta pockets, tortilla wraps or pasta salad.
3. Include some protein such as lean meat, chicken, tuna, ham, cheese, egg or hummus.
4. Aim to have at least one fruit or vegetable-based food or drink in the lunchbox to count towards your child's five-a-day.
5. Children need to eat regularly to maintain energy levels, so don't forget to include a snack. These might include fruit, small packet of crisps, crackers with cheese, biscuit, yoghurt, samosa, chapatti, scone, fruit bun or chocolate as a treat.
6. Add a portion of semi-skimmed milk or other dairy food such as cheese or fromage frais.
7. Fluids are an important part of a child's diet. Try a variety of different drinks such as a carton of fruit juice, water, yoghurt or milk drink. (No fizzy or energy drinks please and no hot soups in a thermos).
8. Try the mini-sized versions of your child's favourite foods - a healthy lunchbox does not mean giving up all the foods children enjoy.
9. Check out the Guideline Daily Amount information on the front of many food products and experiment with some different choices.
10. Pop a cool pack in the lunch box to keep the lunch cool.

Thank you for continuing to support our Healthy Break/Lunches routine and our Nut Free Policy. A good balance will help children develop healthy habits for the future

## PHOTOGRAPHS

Our school photographs were completed this week and these proofs will be sent to you after Half Term, when we receive them, for orders to be made. The children all looked so well.

## CHRISTMAS TOY & BOOK SALE

During December, we hope to have a toy and book/DVD sale for pupils in school. This will be organised by Primary 7 and staff. We need your donations to run this event and we ask that you keep clearing out any items, in good condition for resale.

There will be a reminder for when to send these into school but please note week beginning 3rd December in your diary. Many thanks.

★ Our Summer Fair, which was so popular the last 4 years, will take place again in the Summer Term. Hoping it will be dry this year!

## REMINDER: ALL MUMS!

Women's Health - Cancer Information Evening is being held in Ballyclare Primary School on Tuesday 6<sup>th</sup> November at 7:30pm. Guest speakers: Dr. Declan Quinn, Consultant Gynaecologist, Mid-Ulster Women's Clinic and Miss Suzanne Dawson, Breast Surgeon, Belfast City Hospital.

Entry £5 (pay at door) includes refreshments and entry into prize draw. Everyone welcome - come along, if you can.

## CANTEEN – TEMPORARY WORKERS LIST

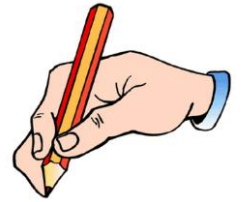
Our School Cook is putting together a list of temporary workers to call upon should a member of her staff be absent. If you would like your name to be added to this list, please call Mandy - 93352653.

*As always: If there is anything that concerns you in any way in school, please contact me via the school office or by e-mail if that is easier. I will always follow up any issues raised if I have your contact details.*

*Mrs Mulligan*



# CLASS AWARDS OCTOBER 2018



CLASS & TEACHER		MONTHLY STAR	BEST HANDWRITING
P1	Miss Campbell	KORI CURRAN McCAMMOND	LUKE JAMISON
	Miss Moorhead	SOPHIA BLACK	ANYA O'CALLAGHAN
	Mrs Sturgess & Mrs Farquhar	LOTTIE MOORE	BEN ROBB
P2	Mrs Irwin & Mrs Farquhar	LEWIS LUNN	RACHEL REID
	Mrs Martin & Mrs Stewart	TAYLOR SHANNON	CATLYN REID
	Mrs Hall	BEN LILLEY	ELIJAH HARSON
P3	Mr Heyburn	MIYAH-LEIGH KIDD	CAMERON FORSYTHE
	Mrs McNeilly & Mrs McIntosh	LUCY CRUMLEY	GRACE WRIGHT
	Miss Drury	JAMES HUGHES	POPPY KNOX
P4	Mrs McDowell & Mrs Anderson	DANIEL TREACY	SASHA VALLELY
	Miss Kernohan	ADAM STRANGE	ESTHER-GRACE McLEAN
	Mrs Annett/Mrs Stewart	JASON STEELE	ELSIE OFFICER
P5	Miss McGoran	BETHANY HOUSTON	DANIEL WEIR
	Mrs McKeown	BROOKE KNOX	AIMEE FULTON
	Mr Scott	KIZZIE KARAIKOS	KEIRA TAYLOR
P6	Mrs Arbuckle	MIA SINGLETON	GRACE CALDWELL
	Mrs Shannon	SHANNON MURRAY	TRUDY EDWARDS
	Mrs Watson	ZACK HARVEY	FAITH VEAL
P7	Mr Gordon	EDEN BAMBER	TAYLOR COWIE
	Mr McAuley	JAMIE DAVIS	MORGAN McCAUGHEY
	Mrs Kennedy	KATIE McFARLAND	JESSICA DAVIDSON
L.S.	Mrs McCollum	PEYTON FEE (P4SK)	—